

# junior session

**Aug 28–Nov 12**

*no class Sep 4*

# adult sessions

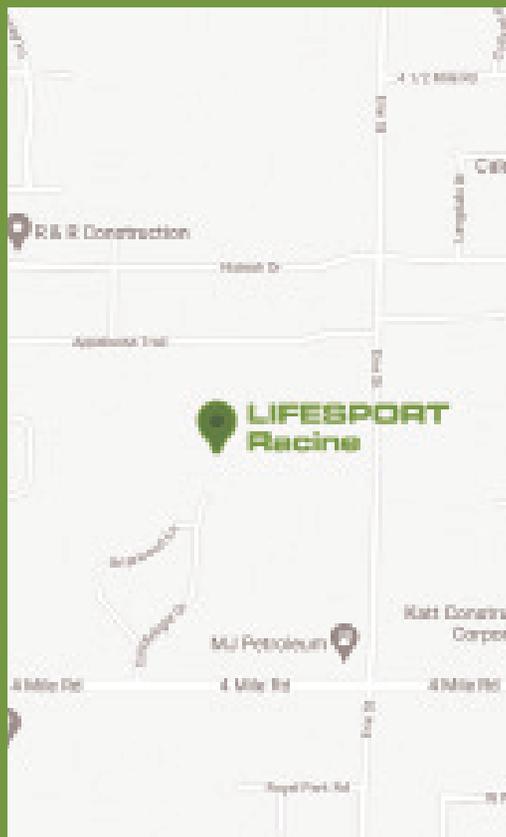
**Aug 28–Oct 22**

*no class Sep 4*

**Oct 23–Dec 17**

# LIFESPORT

## Racine



5100 Briarwood Ln  
Racine, WI 53402  
262 639-6100  
LifeSportRacine.com

HOURS:  
MON 9AM–12PM 4PM–9PM  
TUE 9AM–12PM 4PM–9PM  
WED 9AM–12PM 4PM–9PM  
THU 9AM–12PM 4PM–9PM  
FRI 9AM–12PM 4PM–6PM  
SAT 8AM–4PM  
SUN 8AM–4PM



# 2023 FALL PROGRAMS



# junior tennis

## LEARN TO PLAY (ages 3-4)

An introductory class focusing on motor skills, hand-eye coordination and a basic introduction to tennis.

DAY TIME	PRICE	WEEKS
FRI 4:30-5PM	\$137.50	11

## RED BALL (ages 4-6)

An introductory class focusing on motor skills, hand-eye coordination, and a basic introduction to tennis.

DAY TIME	PRICE	WEEKS
TUE 4:15-5PM	\$206.25	11
FRI 5-5:45PM	\$206.25	11

## ORANGE BALL (ages 7-9)

An introductory program designed to develop skills and hand-eye coordination.

DAY TIME	PRICE	WEEKS
TUE 5-6PM	\$275.00	11
FRI 5-6PM	\$275.00	11
SAT 10-11AM	\$275.00	11

## GREEN BALL (ages 9-10)

This advanced beginner program is designed to further tennis skill and to teach students to rally and play tennis.

DAY TIME	MEMBER / NON	WEEKS
MON 5-6PM	\$250.00 / \$330.00	10
TUE 6-7PM	\$275.00 / \$363.00	11
WED 4:30-5:30PM	\$275.00 / \$363.00	11
FRI 5-6PM	\$275.00 / \$363.00	11
SAT 9-10AM	\$275.00 / \$363.00	11

## MIDDLE SCHOOL/JV (ages 11-14)

This program emphasizes more competitive skill building by learning basic patterns and strategies in preparation for match play competition.

DAY TIME	MEMBER / NON	WEEKS
TUE 4:30-6PM	\$412.50 / \$544.50	11
THU 7-8:30PM	\$412.50 / \$544.50	11
SAT 1-2:30PM	\$412.50 / \$544.50	11

## JUNIOR DEVELOPMENT INVITATIONAL (JDI)

This program emphasizes more competitive skill building by learning basic patterns and strategies in preparation for match play competitions.

DAY TIME	MEMBER / NON	WEEKS
MON 5-6:30AM	\$375.00 / \$495.00	10
WED 5-6:30AM	\$412.50 / \$544.50	11
SAT 1-2:30PM	\$412.50 / \$544.50	11

## LTA PRE-ACADEMY (formerly Tournament Training)

This program is designed for a more intense level of training geared to those players participating in local tournaments and/or their high school team. *Invitation Only*

DAY TIME	MEMBER / NON	WEEKS
TUE 4:30-6PM	\$412.50 / \$544.50	11
THU 7-8:30PM	\$412.50 / \$544.50	11
SAT 11AM-1PM	\$550.00 / \$726.00	11

## LIFSPORT TENNIS ACADEMY (LTA) (formerly TPO)

This program is geared for State or Midwest ranked players who want to compete at the top of their high school teams and are looking to compete at the collegiate levels. Drills are intensive and extra play is mandatory.

*Invitation Only*

DAY TIME	MEMBER / NON	WEEKS
MON 6:30-8:30PM	\$500.00 / \$660.00	10
WED 6-8PM	\$550.00 / \$726.00	11

## YOUTH PROGRESSION

AGES	DAY TIME	MEMBER / NON	WEEKS
AGES 5-8	SUN 12-1PM	\$165.00 / -	11
AGES 9-10	SUN 1-2PM	\$165.00 / -	11
AGES 11-14	SUN 2-3PM	\$165.00 / -	11
AGES 14+	SUN 3-4PM	\$165.00 / -	11

# adult tennis

## TENNIS 123 (non-members welcome)

An introductory program for those who are new to the game.

DAY TIME	AUG28-OCT22(8WKS)	OCT23-DEC17(7/8WKS)
TUE 10-11AM	\$160.00 / \$272.00	\$160.00 / \$272.00
THU 9-10AM	\$160.00 / \$272.00	\$140.00 / \$238.00
FRI 9-10AM	\$160.00 / \$272.00	\$160.00 / \$272.00

## TENNIS 456 (non-members welcome)

This program is designed for players returning to the game, interested in refining their strokes, or who have mastered 123.

DAY TIME	AUG28-OCT22(8WKS)	OCT23-DEC17(7/8WKS)
WED 9-10AM	\$160.00 / \$272.00	\$160.00 / \$272.00
THU 9-10AM	\$160.00 / \$272.00	\$140.00 / \$238.00
SAT 9-10AM	\$160.00 / \$272.00	\$160.00 / \$272.00

## TENNIS 201 (non-members welcome)

This class is designed for players who are interested in refining their strokes and going back to basic shot situations to help reinforce shot strategies for singles and doubles play.

DAY TIME	AUG28-OCT22(8WKS)	OCT23-DEC17(7/8WKS)
MON 9-10:30AM	\$240.00 / \$408.00	\$240.00 / \$408.00
TUE 6-7:30PM	\$240.00 / \$408.00	\$240.00 / \$408.00